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Freedom Physical Therapy Services, S.C.

Agenda

Evaluation and Treatment Of Temporomandibular Disorders and Craniofacial Pain Level I



Day One

7:30am - Registration

8:00am - Introductions and TMJ anatomy

9:30am - TMJ biomechanics

10:15am - Break

10:30am - Pathomechanics, abnormal mechanics, and Parafunction

11:30am - Evaluate ROM of TMJ

12:00pm - Lunch

12:30pm - Hypermobility, History / Etiology of TMD, Diagnostic Imaging

1:15pm - Evaluation of TMDs

2:30pm - Break

2:45pm - Muscle / Arthritic / Disc Treatment Techniques

3:30pm - TMJ mobilization techniques

5:00pm - Adjourn

Day Two

8:00am - Review and Q&A regarding day one

8:30am - Rocabado 6x6 exercises / Hyperboloid Exercises

9:30am - Marketing Strategy

10:15am - Break

10:30am - Upper cervical anatomy and forward head posture / Upper cervical spine treatment

12:30pm - Lunch

1:00pm - TMD home exercises / Posture exercises / Ergonomics

2:30pm - Break

2:45pm - Appliance Therapy

3:30pm - Summary, questions, and review techniques

4:15pm - Surgical options

5:00pm - Adjourn

<https://www.treatingtmj.com/tmd-course/>

The agenda provided is an overview and is subject to change.
Please refer to the specific event for final details or contact us at:
info@treatingtmj.com or 414-352-2082.